


# CSC JANUARY 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Milk, Coffee, and Tea are served daily. Menu Subject to change  Lunch is served from 11:30am-12:30pm	Donations can be mailed to: Community Services Center 1100 Community Way Portales, NM 88130 (575) 356-8576	Closed for New Year's Day
4	5	6	7	8
Chili Dog ( Beef Frank) 1 oz Frank, 2 oz Chili 1 oz Cheese, 1 Bun 1/2c Baked Beans 1/2c Sauerkraut 1/2c Baked Apple Slices	Chicken Noodle Soup 3 oz Chicken, 1 oz Broth 1/2c Noodles 1c Lima Beans 1sl WW Bread 1c Pears	4 oz Swiss Steak 1 Med. Baked Potato 1c Green Beans 1 sl White Bread 1/2 c Apricots	Chicken Sandwich 3 oz Chicken, 1 Bun 1/4c Lettuce, 1/4c tomato 3/4c Celery Sticks, 1/2c Tater Tots 1/2c Peaches	3 oz LS Baked Ham 1/2c Spinach 1c Sweet Potato 1 sl Cornbread 1/2c Pineapple Tidbits
11	12	13	14	15
Beef Tacos 3 oz Beef/1 oz Cheese 1 c Lettuce/Tomato 2 Corn Tortillas 1/2 Span Rice/1/2c P. Beans 1/2c Apricots	Sloppy Joe on Bun 3 oz Beef, 1 oz Sauce, 1 Bun 1/2c LS Green Peas 1/2c Cubed Potatoes 1c LF Yogurt	3 oz Fried Chicken 1/2 c Mashed Potatoes 1 oz LS Gravy 1/2c Green Beans 1 sl Wheat Bread 1/2 c Apple Slices	GC Cheeseburger (3 oz Beef) 1 oz Cheese, 2 oz Green Chile, ( 1/2 c Lettuce, Tomato, Onion & Pickles, 1 Bun) 1/2c R. Beans 1/4c Fr. Fries 1/2c Applesauce	Shredded Pork Burrito 3 oz Pork, 1 oz Cheese 1 Flour Tortilla 1c Buttered Corn 1c Toss. Salad, 2 Tbsp Dressing 6 Crackers, 1/2c Peaches
18	19	20	21	22
Closed in observance of Martin Luther King Jr. Day	3 oz LS Sausage 3/4c Wild Rice 1c Black-eyed Peas 1 sl Wheat Bread 1/2c Applesauce	Beef Stew (3 oz. Beef, 1oz. Sauce, 1/2c Potatoes & Carrots) 1c Steamed Cabbage 1 sl. Cornbread 1/2c Fruit	GC Chicken Enchiladas (3 oz. Chicken, 1 oz. GC, 2 Corn Tortillas, 1 oz. Cheese) 1/2c Lettuce & Tomato 1/2c Pinto Beans 1/2c Jell-O	Lasagna (2 oz. Beef, 1 oz Cheese, 1 oz Sauce, 4 oz Noodles) 1/2c Lettuce/Tomato 1/2c Gr. Beans/1 Garlic Bread 1 piece Apricot Cobbler
25	26	27	28	29
1/2c Spaghetti with 1/2c Meat Sauce 1c Broccoli 1 slice Garlic Bread 1 sq Applesauce Cake	4 oz BBQ Chicken 1/4c Potato Salad 1c Lettuce & Tomato Salad w/2 tbsp LF Dressing 1 slice White Bread 1/2c Pears	Beef Barley Soup (3 oz Beef 3 oz Broth, 1/4c Barley) 1 Med. Baked Potato 1/2 cup Spinach 1 sl Wheat Bread 1c Pineapple	4oz Meatloaf 1/2 c Mashed Potatoes 1c Cauliflower w/ 2 tbsp. Cheese 1 sl White Bread 1 sl Frosted Cake	3 oz Chicken Breast 1/2c Spinach 1c California Vegetables 1 sl Wheat Bread 1/2c Peaches