

AUGUST

2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Chicken Fajita Stuffed Baked Potato 3oz Chicken, 1/2c Peppers & Onions, 1/2 Potatoes) 1 1/2c Tossed Salad 1 WW Roll 1c Applesauce	1c Loaded Nachos 1c Zucchini w/ NAS diced Tomatoes Guacamole/Sour Cream 1/2c SF Gelatin 1 Orange	1c Green Chili Pork Stew (3 oz Pork, 1/2c Potatoes, Diced Tomatos, 1oz GC) 3/4c Tossed Salad w/ Dressing 1/2c Squash 1c Strawberries and Bananas	1c Chicken Alfredo 1 Garlic Knot 1c Italian Blend Vegetables 1 1/2c Caesar Salad 1/2c Peaches 1/2c Gelatin	3oz Meatloaf 1/3c Mash Potatoes/1oz Gravy 3/4c Carrots 1 1/2c Toss. Salad w/ Dressing 1 Wheat Roll 1 Banana
10	11	12	13	14
3 1/2oz Salisbury Steak 1/3c Mashed Potatoes 2oz LS Gravy 1c California Blend Veggies 1 WW Roll 1c Fruit Salad	GC Chicken Enchilada Cass. (3oz Chicken 2 Corn Tortilla, 1oz GC, 1/2oz Cheese) 1/2c LS Pinto Beans 1c Yellow Squash / Zucchini 1c Plums	1c Beef Stew (3oz Beef, 1/3c Potatoes, Carrots, Onions) 1 1/2c Tossed Salad w/ Dress. 1/2c Beets 1 Wheat Roll 1c Tropical Fruit Salad	Chicken Fried Steak 2oz LS Country Gravy 1/3 Parsley Potatoes 3/4c Roasted Brussel Sprouts 1 Wheat Roll 1/2c Peaches	RC Smothered Bean Burrito (1 8n Tortilla, 1/2oz Cheese 3/4c Pinto Beans, 2oz RC Sauce) 1c Chateau Blend Vegetables 1c Grapes
17	18	19	20	21
3oz Herbed Chicken 2oz LS Chicken Gravy 1/3c Scalloped Potatoes 3/4c Roasted Brussel Sprouts 1 Wheat Roll 1/2c Peaches	Frito pie (3oz Beef, 2oz RC, 1oz Chips 1/2c Lettuce / Tomato / Onion 1/2c Pinto Beans) 1/2c Spinach 1/2c Applesauce	3oz Pepper Steak Beef, 1/4c Onions/Peppers 1/2c LS Brown Rice Pilaf 1c California Vegetables 1c Mixed Berries 1/2c Light Vanilla Yogurt	Tuna Salad Sandwich (3/4c Tuna Salad 3oz Tuna, 2 Wheat Bread) 1/2c Carrots 1c LS Tomato Soup Orange	Classic Burger 3oz Beef, 1 Bun, 1/2c Lettuce, 2 slices Tomato, 1 slice Onion 1/3c NAS Baked French Fries 1c Capri Blend Vegetables 1 Banana
24	25	26	27	28
Teriyaki Chicken (3oz Chicken, Teriyaki Sauce, Sesame Seeds) 1/2c Brn. Rice 1c Asian Veggies 1/2c Mand. Oranges & Pineapple 1 Fortune Cookie	Hot Turkey "Sandwich" (3 oz. Turkey, 1 sl. Wheat Bread, 2 oz. LS Gravy) 1/3c Sweet Potatoes 3/4c Broccoli 1c Tropical Fruit Salad	8oz Pork Posole (3oz pork, 1/4c Hominy, 2oz Red Chile) 1/2c Spinach 1/2c Calabacitas 1 Tortilla 1 Banana	Spaghetti w/ Meat Sauce (1/2c Spaghetti, 3oz Beef 3oz LS Sauce 1c Italian Blend Veg 3/4c Tossed Salad 1c Fruit Salad	Ham & Cheese Sandwich (2oz Ham, 1oz Cheese, 2W Bread, 1/2c Lettuce 2 sl. Tomato) Sun Chips 3/4c LS Three Bean Salad 1/2c Beets 1/2c Peaches
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3oz Baked Chicken Thigh 1/2c Rice Pilaf / 1/2c Mushrooms 3/4c Tossed Salad W/Dressing 3/4c Carrots 1 WW Roll 1 Orange 1/2c Gelatin		Donations can be mailed to: Community Services Center 1100 Community Way Portales, NM 88130		Lunch is served from 11:30am to 1:00pm Milk, Coffee, and Tea are served daily. Menu subject to change.