

NOVEMBER 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	**3**	**4**	**5**	**6**
Spaghetti w/ Meat Sauce (1/2c Spaghetti, 6oz Meat Sauce, 3oz Meat) 1c Italian Blend Veggies 1 1/2c Tossed Salad 1 Choc. Chip Cookie	Chicken Soft Tacos (3oz Turkey, 2 Corn Tortillas, 2 TBSP Salsa) 1c Zucchini/Tomatoes 1/2c LS Pinto Beans 1c Pineapple	1c LS Beef Stew (3oz Beef, 1/3c Potatoes, Carrots, Onions, Celery) 1 1/2c Tossed Salad 1oz Cornbread 1/2c Applesauce	Chicken Stir Fry (3oz Diced Chicken, 1oz Sauce) 1/2c Brown Rice 1/2c Mandarin Oranges 1 Fortune Cookie	Frito Pie (2oz RC, 3oz Beef,1oz Chips 1/2c Lettuce and Tomatoes 1/2c LS Pinto Beans) 1c Capri Vegetables 1 Sl. Iced Lemon Cake
9	**10**	**11**	**12**	**13**
3 oz Baked Fried Chicken 1/2c Cucumber/Tomato Salad 1/2c Carrots 1oz Cornbread 1/3c Spiced Peaches 1 Slice SF Angel Food Cake	Chile Relleno Casserole ½c Pinto Beans 1c Chateau Vegetables 1/3c LS Spanish Rice 3/4c Tossed Salad 1 Orange		BBQ Pulled Pork on a Bun (3oz Diced pork, 1 TBSP Sauce, 1 WW Bun) 1/3c LS Herb Potatoes 3/4c Broccoli 1 Brownie	Chicken Adovada (3oz chicken, 2oz Red Chili 1 Flour Tortilla 1/2c Spinach, 1/4c Onions 1c Mandarin Oranges and Jello
16	**17**	**18**	**19**	**20**
2oz LS Baked Ham 1/3c Yams (non candied) 3/4c Cauliflower 1 Wheat Roll w/ Margarine 1c Apricots 1/2c SF Vanilla Yogurt	6oz RC Beef Enchilada Cass. (1 Tortilla, 2oz Beef, Cheese, 2oz Cheese, 2oz RC sauce) 1/2c Pinto Beans 1c Capri Vegetables 1/2c Fruit Cocktail/1/2c Jello	Chicken Parm (3oz Chicken, 1/2c Spaghetti, 4oz Marinara Sauce 1oz Mozzarella Cheese) 1c California Blend Veggies 1 Peanut Butter Cookie	Classic Hot Dog (1oz Beef Frank,1 WW Bun) 1c Spanish Slaw 1/2c LS Pinto Beans 1 Sl. Iced Chocolate Cake 1c SF Vanilla Yogurt	3oz Country Fried Steak 1oz LS Country Gravy 1/3c Mashed Potatoes 3/4c Green Beans 1 Wheat Roll 1/2c Applesauce
23	**24**	**25**	**26**	**27**
1c Beef Barley Soup (3oz beef, 1/4c Barley, 1/4c Carrots) 1c Chateau Vegetables 1 Wheat Bread 1c Diced Pears	1 Chicken Fajita (3 oz. Chicken, 1/2c Peppers) and Onion/ 1Tortilla) 2 Tbs Salsa/1/2c Pinto Beans 1c Capri Vegetables 1 Chocolate Chip Cookie	4 oz. Turkey 1/4c Cornbread Stuffing 1/2c Mashed Potatoes 1/4c Gravy/1/2c Gr. Beans 1/4c Cranberry Sauce 1 W Roll/ 1/2 Sl. Pump. Pie		
30				
4oz Chicken Breast 1 oz Gravy 1/4c Stuffing 1c Gr. Beans & Carrots 1WW Roll 1/2c Orange Sherbert	**Lunch is served from 11:30am to 1:00pm** **Milk, Coffee, and Tea are served daily** **Menu subject to change**		**Donations can be mailed to:** **Community Services Center** **1100 Community Wa··** **Portales,NM 88130**	**FOOD ALLERGY WARNING** **Our Food May Contain Peanut or Tree Nut Products**