



2026

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
<p>Lunch is served from 11:30am to 1:00pm</p> <p>Milk, Coffee, and Tea are served daily.</p>	<div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>FOOD ALLERGY WARNING</p> <p>Our Food May Contain Peanut or Tree Nut Products</p> </div> <p>Menu subject to change</p>	BBQ Chicken (3oz Chicken Thigh W/ BBQ) 1/3c Yams 3/4c LS Three Bean Salad 1 WW Roll 1c Fruit Salad	3/4c Hamburger Macaroni (3oz Beef, 1/4c Macaroni, Sauce, 1oz Tomato Sauce) 3/4c Tossed Salad/Dressing 1c Mediterranean Blend Veg. 1 WW Roll 1c Watermelon	Chicken Tacos (3oz Chicken, 1Tortilla, 1/2c Lettuce & Tomato/ Salsa) 3/4c Roasted Zucchini 1/2c LS Pinto Beans 1/2c Mandarin Oranges
6	7	8	9	10
Sloppy Joe (2oz Meat, 1/8c Sauce, 1 W Bun, 1/2c Peppers) 1/2c Green Beans 1 1/2c Caesar Salad/Dressing 1/2c Nonfat Vanilla Yogurt 1c Strawberries and Bananas	5oz Carne Adovada (3oz Pork, 2oz RC Sauce) 1/2c LS Pinto Beans 1/2c Calabacitas 1 6 inch Tortilla 1c Fruit Cocktail	2oz Hamburger Steak w/ 1/4c Onions, 1oz Gravy 1c Winter Blend Vegetables 3/4c Salad W Dressing 1 Wheat Roll 1/2c Apricots 1/2c Nonfat Vanilla Yogurt	Papas Con Chorizo (2oz Chorizo, 1/3c Diced Potatoes) 1/2c LS Pinto Beans 1/2c Spinach 1/2c Carrots 1c Tropical Fruit Salad	Hot Dog (1oz Hot Dog, 1/2 WW Bun) 3/4c Cucumber & Tomato Salad 1/3c Baked NAS Crinkle Fries 3/4c Pears 1c LT (SF) NF Vanilla Yogurt
13	14	15	16	17
3oz Catfish 1/2c Asparagus 1/2c LF LS Broccoli Salad 1 Wheat Roll 1c Strawberries 1 Sl. Angel Food Cake	2oz Polish Sausage 1/2c Diced Potatoes 3/4c Red Cabbage and Onions 1 Wheat Roll 1/2c Greek Vanilla Yogurt	Chicken Fajitas (3oz Chicken, 1/2c Peppers & Onion, 1 6in Flour Tortilla 1/2c Tomato/Onion Salad 1/2c LS Pinto Beans 1/2c Apricots	3oz Salisbury Steak 2oz LS Gravy 1/2c Penne Pasta 1/2c Spinach 1/2c Beets/1 WW Roll 1 Fresh Pear	3oz Chicken Strips 1oz Country Gravy 1/2c Okra w/ Tomatoes and Onions 1/2c Herbed Potatoes 1WW Roll 1c Fruit Salad
20	21	22	23	24
Ham & Cheese Sandwich (2oz Ham/1oz Cheese 2 WW Bread/Lettuce/Tomato) 3/4c Brussel Sprouts 3/4c Caesar Salad 1/2c Beets 1c Fruit Cocktail	1c Chicken and Dumplings 3/4c Green Beans 1/2c Broccoli 1 Wheat Roll 1c Apricots	Breakfast for Lunch 1 HB Egg 1/2c Hashbrowns, 1/2c Peppers/Onions 1 Wheat Bread Toasted 1c Yogurt 1c Pears	1c LS RC Pork Posole 1/2c Roasted Zucchini 1/2c Spinach 1c Tropical Fruit Salad 1 TBSP Whipped Cream	6oz Meat Lasagna (2oz Beef, 1/4c Pasta, 2oz Sauce, 1oz Cheese) 1c Italian Blend Vegetables 3/4c Tossed Salad/Dressing Banana 1 Oatmeal Cookie
27	28	29	30	
Egg Salad Sandwich 1/2c Egg Salad 3/4c Three Bean salad 1/2c Red Beans 1/2c Beets 1 Orange	1c GC Chicken Enchi. Cass. (3oz Chicken, 2 Tortillas, GC, Cheese, 1/2c Lettuce/Tomato) 1/3c Calabacitas 3/4c LS Pinto Beans 1/2c Pineapple	5oz LS Beef Tips 2oz Gravy 1/2c Penne Pasta 1/2c Green Beans 1/2c Carrots 1/2c Berries W/ 1/2c Gelatin	Chicken Alfredo (3oz Chicken, 1oz Sauce, 1/2c Fettuccine) 1 WW Roll 1c Italian Vegetables 1c Tossed Salad 1/2c Fruit Compote	<p style="text-align: center;">Donations can be mailed to:</p> <p style="text-align: center;">Community Services Center 1100 Community Way Portales, NM 88130</p>