

happy
Valentine's
day

February 2026



2	3	4	5	6
Swedish Meatballs (3oz Beef, 1/4c Gravy) 1/2c Brown Rice 1/2c Mushrooms 1c California Blend Vegetables 1c Pears	Turkey & Cheese Sandwich (2oz Sliced Turkey, 1oz Swiss Cheese, 2 Slices Wheat Bread) 1/2c Tomato/Cucumber Salad 1/2c Beets 1/2c Light Vanilla Yogurt	1c Beans & Ham (2 oz Ham/1/2c Pinto Beans 1/4c Onion) 1 1/2c Tossed Salad/Dressing 1oz Cornbread/Margarine 1c Apricots	5oz Chicken Adovada (4oz Chicken/1/4c Red Chili Sauce) 1/2c Spinach 1/2c Zucchini 1 6" Flour Tortilla 1c Tropical Fruit Salad	Spaghetti /Meat Sauce (1/2c Spaghetti, 3/4c Meat Sauce 1c Monto Carlo Vegetables 1 1/2c Tossed Salad W 2 Tbsp Italian Dressing 1 Orange
9	10	11	12	13
Chicken Fried Steak 1/3c Mashed Potatoes 1/4c Country Gravy 3/4c Collared Greens 1 Wheat Roll 1c Pears	5oz Teriyaki Chicken (3oz Chicken, 1oz Sauce, 1/4c Peppers & Onions) 1/2c Brown Rice, 1c Emperor Vegetables, 1 Vegetable Egg Roll 1c Pineapple & Mand. Oranges	5oz Beef Stroganoff (3oz Beef, 1/4c LS Gravy, 1/2c Wheat Penne Pasta 1/4c Mushrooms 1c Chateau Vegetables 1c Fruit Cocktail	Shredded BBQ Pork Sandwich (2oz Pork, 1oz BBQ Sauce, 1 WW Bun) 1/2c NAS Baked French Fries 1/2c Three Bean Salad 1/2c Light Vanilla Yogurt 1c Cantaloupe	Tuna Salad Sandwich (3/4c Tuna Salad, 2 Slices . Wheat Bread 1/2c Lettuce) 1/2c Carrot Raisin Salad 3/4c LS Tomato Soup 1c Tropical Fruit
16	17	18	19	20
 PRESIDENTS DAY	3/4c Beef Enchilada Cass. (3oz Beef, 1oz Cheese 1/2c Lettuce/Tomato/R. Chili) 1/2c Brown Rice, 1c Zucchini W Diced Tomatoes 1c Grapes	3oz LS Herbed Cod 1/2c Parsley Potatoes 1/2c Vegetable Medley 1/2c Brussel Sprouts 1c Tossed Salad w/ Dressing 1/2 Roll 1 Orange	1c Chicken Pot Pie 1c Tossed Salad W 2TBSP Ranch Dressing 1/2c Peaches/ Gelatin 3/4c Berries 1/2c Gelatin 2TBSP Whipped Cream	1c Chili Relleno Casserole 1/2c Pinto Beans 1/3c Spanish Rice 1c Tossed Salad w/ 2TBSP FF Italian Dressing 1 Fresh Pear
23	24	25	26	27
Pepper Steak (3oz Beef, 1/2c Peppers & Onions) 1/2c Brown Rice 1c Stir Fry Vegetables 3/4c Mandarin Oranges 1 Vegetable Egg Roll 1 Fortune Cookie	1c Chicken Noodle Soup (3 oz Chicken, 1oz Broth, 1/3c Noodles) 1/2c Beets 1 1/2c Tossed Salad 2 Tbsp Ranch Dressing 1 WW Roll W 1 tsp Margarine 1c Fruit Salad	Frito Pie (3oz Beef, 1oz Corn Chips, 2oz Red Chili Sauce) 1/2c Pinto Beans 1c Zucchini & Diced Tomatoes 3/4c Pineapple	3oz Lemon Pepper Chicken (2oz LS Gravy 1/2c Lemon Herb Orzo) 1/2c Broccoli 1/2c Tossed Salad W 2TBSP Italian Dressing 1c Tropical Salad	1 Smothered Bean & Cheese Burrito (1/2c Pinto Beans 1oz Cheese, 1 W Tortilla, 2 TBSP GC, 1/4c R. Sauce) 1/2c Cauliflower W 1/4c Red Bell Pepper 1/2c Gelatin W 1/2c Berries
				Donations can be mailed to: Community Services Center 1100 Community Way Portales, NM 88130
				

**Lunch is served
from 11:30am to 1:00pm
Milk, Coffee,**

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**FOOD ALLERGY
WARNING**
Our Food May Contain
Peanut or Tree Nut
Products