




2025

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
<p>Donations can be mailed to: Community Services Center 1100 Community Way Portales, NM 88130</p>	GC Cheeseburger (3 oz. Beef, 1 oz. Cheese, 2 oz. Gr. Chile, 1/2c Lettuce Tomato, Onion & Pickles) 1 Bun 1/2c Baked Beans 1/4c F. Fries 1/2c Applesauce	4 oz. Meatloaf 1/2 Baked Potato 1/2c Green Beans 1 sl. Wheat Bread 1 sl. Frosted Chocolate Cake	3 oz Oven Fried Chicken 1/2c Mashed Potatoes 1 oz LS Gravy 1/2c Lettuce/Tomato Salad 1 Wheat Roll 1/2c Apricots	Crunchy Baked Fish 1/4c Tartar Sauce 1/2c Coleslaw 1/2c Spinach 6 Crackers 1/2c Chocolate Pudding
		7	8	9
3 oz. Low Sodium Sausage 3/4 cup Rice Pilaf 1/2c Carrots 1 Sl. Wheat Bread Angel Food Cake/Strawberries	3 oz. BBQ Chicken 1/2c Potato Salad 1/2c Okra 1 Wheat Roll 1 Chocolate Chip Cookie	Beef Tacos (3 oz. Beef, 1 oz. Cheese, 1/2c Lettuce & Tomato) 1/2c ea Span. Rice /P. Beans 1/2c Jello/Apricots	4 oz Chicken Fried Steak 1/2 Baked Potato 1/4c Cream Gravy 1/2c Green Beans/1 W. Roll 1/2c Banana Pudding	Tuna Casserole 1c Tuna Salad Casserole 1c Lettuce/Tomato Salad 6 Crackers 1/2c Pears
14	15	16	17	18
3 oz. Chicken Tenders 1/4c Gravy 1/2c Mashed Potatoes 1/2c Green Peas 1 sl Wheat Bread/1/2c Pineapple	Frito Pie 1c Frito Pie 1/2c Lettuce, Tomatoes 1/2c Corn 1 Sl. Lemon Frosted Cake	3 oz. Chicken Breast 1/2c Cucumber/Onion Salad 1/2c Cauliflower 1 sl. Wheat Bread 1/2c Peaches	4 oz. Swiss Steak 1/2 Baked Potato 1/2c Green Beans 1 Dinner Roll 1 sq. Applesauce Cake	1 Bean Burrito (4 oz Beans, 2 oz Cheese) 1c Broccoli & Carrots 1 sl. Garlic Bread 1/2c Fruit Cocktail
21	22	23	24	25
Ham & Scalloped Potatoes (3 oz. Low Sodium Ham, 1 oz Sauce, 1/2c Potatoes) 1/2c Green Beans 1/2c Carrots 1 sl. Frosted Chocolate Cake	Beef Enchilada Casserole (3 oz. Beef, 1/2 oz. Cheese, 1/2c Lettuce/Tomato) 1/2c Pinto Beans/1 Tortilla 1/2c Squash 1/2c Peaches/Jello	Green Chili Beef Stew (3 oz. Beef, 1/4c G.C. 1/2c Potato & Onion) 1/2c Spinach Salad 1/2c Broccoli, Cornbread 1 Brownie	Chicken & Dumplings 1c Chicken & Dumplings 1/2c Mixed Veggies 1/2c Stewed Tomatoes 6 Crackers 1/2c Peach Cobbler	Pork Stir Fry (3 oz. Pork, 1/2c Stir Fry Veggies 1/2c Rice) 1 Tortilla 1/2c Spinach 1/2c Mandarin Oranges
28	29	30		
1 4x4 sq. Lasagna 1/2c Spinach Salad 1/2c Mixed Vegetables 1 Garlic Bread 1/2c Cherry Cobbler	Breakfast for Lunch 1 Biscuit w/1/4c Gravy 2 oz Sausage/1 Hash Brown 2 Scrambled Eggs 1 Banana	3 oz Turkey/Cheese Sandwich 2 sl. White Bread 1/2c Gr. Beans /1/2c Celery Sticks 1/4c Cranberry Sauce 1sl. Frosted Spice Cake		<p>Lunch is served from 11:30am to 1:00pm Milk, Coffee, and Tea are served daily.</p>