

May 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Donations can be mailed to: Community Services Center 1100 Community Way Portales, NM 88130</p>	 <p>FOOD ALLERGY WARNING Our Food May Contain Peanut or Tree Nut Products</p>	<p>Lunch is served from 11:30am to 1:00pm Milk, Coffee, and Tea are served daily. Menu subject to change</p>		<p>1 3oz BBQ Chicken 1 TBSP BBQ Sauce 1/2c LS 3 Bean Salad 1 Med. Baked Sweet Potato 1WW Roll/1tsp Margarine 1 Orange</p>
<p>4 3oz Pepper Steak 1/2c Peppers & Onions 1/2c Brown Rice 1c Stir Fry Vegetables 3/4c Mandarin Oranges 1 Vegetable Egg Roll 1 Fortune Cookie</p>	<p>5 Smothered Bean & Cheese (1/2c P. Beans, 1oz Cheese, 2 TBSP GC, 1/4c Red Sauce) 1/2c Cauliflower w/ 1/2c Red Bell Pepper 1/2c SF Gelatin w/ 1/2c Mixed berries</p>	<p>6 1c LS Chicken Noodle Soup (3oz Chicken, 1oz Broth, 1/3c Noodles) 1/2c LS Beets 1 1/2c Tossed Salad/Dressing 1 Wheat Roll 1c Fruit Cocktail</p>	<p>7 Frito Pie (3oz Beef, 1oz Corn Chips) 2oz Red Chili Sauce) 1/2c LS Pinto Beans 1c Zucchini W Diced NSA Tomatoes 3/4c Pineapple Tidbits</p>	<p>8 3oz Lemon Pepper Chicken 2oz LS Gravy 1/2c Lemon Herb Orzo 1/2c Broccoli Tossed Salad W/ 2 Tbsp Italian Dressing 1c Tropical Fruit Salad</p>
<p>11 3 oz. Chicken Strips 1/2c LS Herb Roasted Red Potatoes 1/2c LS Three Bean Salad 1 WW Roll/Margarine 3/4c Mandarin Oranges</p>	<p>12 1/2c Spaghetti (6oz Meat Sauce) 3oz NAS Marinara Sauce, 3oz Beef 1 Wheat Roll 1c Italian Blend Vegetables 1c Chopped Cantaloupe</p>	<p>13 5oz Carne Adovada (3oz Pork, 2oz /RC Sauce) 1/2c LS Pinto Beans 1/2c Calabacitas 1 6in Tortilla 1/3c Lemon Pudding</p>	<p>14 GC Chicken Sandwich (1 bun, 3oz Grilled/Baked Chicken, 2 TBSP GC) 1/2c Sweet Potato 1/2c LS Roasted Cauliflower 1 Oatmeal Cookie</p>	<p>15 1c Beef Stew (3 oz Beef, 1 oz. Sauce, 1/4c Carrots, 1/4c Potatoes) 1/2c Red Cabbage/Beets/Bacon 1 Wheat roll 1c Baked Apple Slices</p>
<p>18 8oz Red Beef Enchiladas 1/2c Lettuce & Tomato 1c Zucchini/Tomatoes 1/2c LS Pinto Beans 1c Grapes 1/3c FF Tapioca Pudding</p>	<p>19 1c Chicken and Dumplings 1/2c Asparagus 1.5c Salad/2 TBSP Dressing 1 WW Roll 1/2c Plums</p>	<p>20 Soft Beef Tacos 1/2c LS Pinto Beans 1c Winter Blend Vegetables 1/2c LS Spanish Rice 1/2c Diced Mango</p>	<p>21 Garden Salad W Chicken Chicken, Lettuce, Tomatoes, Cabbage, Carrots, Cucumbers 1 WW roll 1/2c Pineapple chunks</p>	<p>22 3oz Meatloaf 2oz Low Sodium Gravy 1/2c LS Mashed Potatoes 1/2c Brussel Sprouts 1 WW Roll 1/2c Spiced Pears/AF Cake</p>
<p>25 </p>	<p>26 3/4c Chili w/ Beans (3oz Beef, 1oz Red Chile, 1/2c Beans) 1c Vegetable Medley 1 6-inch Flour Tortilla 1/2c Apple Crisp</p>	<p>27 Turkey Burger (3 oz. Turkey, 0.5oz. Swiss cheese, 1 WW Bun, 1/2c Lettuce and Tomato) 1c Raspberry Coleslaw 1oz Sun Chips 1c Fruit Cocktail</p>	<p>28 1c Chili Mac (3 oz. Beef, 1 oz. Sauce, 1/2c Macaroni) 1c Winter blend Vegetables 3/4c Tossed Salad/Dressing 1/2c SF Gelatin W/ 3/4c Peaches</p>	<p>29 3/4c Arroz Con Pollo (3 oz Chicken, 1oz Sauce, 1/2c Rice) 1.5c Tossed Salad w 2 Tbsp Italian Dressing 1 Wheat Roll 1 Fresh Pear</p>